

Island Community House

March 2026



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

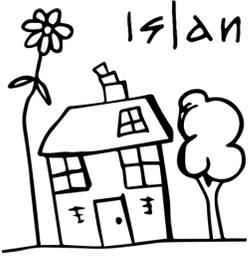
March 1 9-10am: Yoga 3-4pm: Breathwork	2 8-9am: Yoga 1-4pm: Games	3	4 8-9am: Yoga 1-3pm: Sit n Stitch	5 1-4pm: Games	6 8-9am: Yoga 9-10am: Walk & Talk 4-4:45pm: Chair Yoga	7
8 9-10am: Yoga	9 8-9am: Yoga 1-4pm: Games	10 9am: Chincoteague Nonprofit Alliance Meeting	11 8-9am: Yoga 1-3pm: Sit n Stitch	12 1-4pm: Games	13 8-9am: Yoga 9-10am: Walk & Talk 4-4:45pm: Chair Yoga	14
15 9-10am: Yoga 3-4pm: Breathwork	16 8-9am: Yoga 1-4pm: Games	17 10am-12pm: Village Neighbors Coffee Talk	18 8-9am: Yoga 1-3pm: Sit n Stitch 6-8pm: Game Night	19 1-4pm: Games	20 8-9am: Yoga 9-10am: Walk & Talk	21
22 9-10am: Yoga	23 8-9am: Yoga 1-4pm: Games	24	25 8-9am: Yoga 1-3pm: Sit n Stitch	26 11am-12:30pm: Community Luncheon 1-4pm: Games	27 8-9am: Yoga 9-10am: Walk & Talk 4-4:45pm: Chair Yoga	28 11am: 500 Piece Puzzle Race
29 9-10am: Yoga	30 8-9am: Yoga 1-4pm: Games 1-3pm: Bingo-Chincoteague Center	31	April 1 8-9am: Yoga 1-3pm: Sit n Stitch	2 1-4pm: Games	3 8-9am: Yoga 9-10am: Walk & Talk 4-4:45pm: Chair Yoga	4


Search for the Shamrocks
4-7pm | 10am-4pm


Our Mission: Providing an accessible space, where all persons can gather for programs to enrich social, emotional, physical, and intellectual needs.

(757) 336-1993
 info@islandcommunityhouse.org

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 Chincoteague Island, VA 23336



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Paid Programs

Yoga • \$20 • Sundays, 9–10am & Mondays, Wednesdays, Fridays, 8–9am
Chair Yoga • \$20 • Fridays, 4–4:45pm

All levels welcome! Led by the Chincoteague Yoga Collective. Class info can be found on Chincoteague Yoga Collective's website: <https://tinyurl.com/ICH-yoga>

Breathwork with Stacie Jaynes
\$40 suggested donation
Sunday, March 1 & 15, 3–4pm

Class begins with a guided meditation to connect with your breath. Then, moves into a breathwork practice designed to support release, clarity, and nervous system regulation. Then take time to slowly transition out of the breathwork, allowing space to rest, integrate, and return to a grounded state. All amounts accepted, no one turned away for financial reasons. For payment, please Venmo: @EstaciaLeigh

Puzzle Race • \$25/team
Saturday, March 28, 11am

Compete solo or as a duo to finish a 500-piece puzzle before your competitors. The prize is awarded for the fastest solve, and all teams take home their puzzle!

Lunch provided!
<https://tinyurl.com/ICH-March-Puzzle>

Bingo at the Chincoteague Center
Monday, March 30
1–3pm • \$5 a card or 5 cards for \$20

6155 Community Dr
Try your luck at Bingo for some great prizes! No daubers needed. 20 games. Refreshments by donation

Did you know you can rent the Island Community House for private events or to lead your own program? Call for dates and rates!

FREE Weekly Programs

Drop in or become a regular!

Afternoon Games
Mondays & Thursdays, 1–4pm

Try a new game or play an old favorite, come ready to meet new people, or bring a friend or two! Snacks welcome.

Sit n' Stich • Wednesdays, 1–3pm

Bring your handheld project and join us for an afternoon of casual crafting and community. Ask project advice or show off your latest creation!

Walk & Talk • Fridays, 9–10am

Get your steps in! Meet outside shortly before 9am for a 1.5-mile walk around downtown Chincoteague.

FREE & Donation Based Events

Village Neighbors Coffee Talk:
A Sherlock Holmes Mystery
Tuesday, March 17, 10am–12pm

Join us for another lively morning of mystery, deduction, and camaraderie as we tackle The Murderous Portrait. This curious case centers on a haunting, unfinished painting and a puzzling set of clues that beg to be unraveled. Bring your curiosity and jump in as a fellow sleuth; everyone is encouraged to participate as we work together to crack the case. FREE and open to the public. RSVP/Questions? Call 757-349-9969.

Search for the Shamrocks
Friday, March 20, 4–7pm & Saturday, March 21, 10am–4pm

Join the Historic Main Street Merchants Association for our annual scavenger hunt to celebrate St. Patrick's Day on Chincoteague Island. Visit participating businesses while searching for clues to solve a riddle and complete your playing card. Playing cards can be picked up at the ICH or at any participating business during the event.

Game Night
Wednesday, March 18, 6–8pm

Try a new game or play an old favorite, come ready to meet new people, or bring a friend or two! Snacks welcome.

Community Luncheon
Thursday, March 26, 11am–12:30pm

Join your community for a meal! Everyone is welcome. Donations encouraged. Valet parking provided by Village Neighbors. RSVP is appreciated but not required.